



The Kidney
Dietitian

MELANIE BETZ MS, RD



As seen in



Forbes HEALTH

EatingWell

CR Consumer Reports

TIME Newsweek

ABOUT MELANIE BETZ MS, RD, CSR, FNKF, FAND

I'm a nationally recognized registered dietitian, educator, researcher and speaker based in Chicago, IL. I specialize in kidney stone prevention and am changing the conversation about kidney stones and help thousands of people make better food choices to live a kidney stone-free life.

The Kidney Dietitian provides trusted nutrition education about kidney disease and kidney stones via our blog, social media and podcast.

I love working with the media, food & beverage brands and commodity boards to help even more people lead kidney-friendly lives!

MY AUDIENCE



51k sessions/month
www.thekidneydietitian.org



19k subscribers



23.1k follows
@the.kidney.dietitian



10k follows
@thekidneyrd



192k impressions/month
@thekidneydietitian



2k downloads/month
Eat Away Kidney Stones Podcast



<1k followers
@thekidneydietitian

SERVICES



Brand partnerships



Broadcast, print & web interviews



Social media engagement



Consulting



Webinar host or guest



Blog post & recipe development



Quotes & tips in press releases



Spokesperson work



Much more!

Past & Current Partners



NATIONAL KIDNEY
FOUNDATION®



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